STUDENTS' PERCEPTIONS AND PREFERENCES REGARDING MORAL REASONING THROUGH ONLINE COUNSELING: A SYSTEMATIC STUDY

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ABSTRACT

The level of moral reasoning is very important for children to influence ethics. A student's moral reasoning can increase the desire to apply good morals to students. This study discusses online counseling to improve moral reasoning. The purpose of this study was to explain students' perceptions and preferences for online counseling services to help improve moral reasoning. The systematic review was carried out by the Systematic Review and Meta Analysis (PRISMA) approach. Initially there were 80 articles from three databases as follows: PubMed (6 articles), CINAHL (71 articles), and SINTA (3 articles). After reading the title and abstract, 72 articles were eliminated because the title was not in accordance with the purpose of the study, and one abstract was irrelevant in content. So, six articles (five articles in the Indonesian context and one article in the Malaysian context) were analyzed.

INTRODUCTION

Moral problems that occur among children are indeed very worrying, moral education is an important component for students for good decision making. Because students are expected to continue the struggle for truth, justice and peace in the future. Moral reasoning is a set of abstract concepts that students can examine and evaluate through discussions at school. Although the main mission of the school is to improve academic achievement, the school also needs to improve character development, with this can avoid moral deviations.

According to (Faturohman & Suryapermana, 2022) the recommended learning model for aqidah subjects is a moral reasoning learning model, because this model requires students to find and solve problems and is associated with attitude making in everyday life. With this ability, it is hoped that students will be able to improve their learning results and be able to think broadly and critically in taking attitudes in everyday life. Kohlberg (1976) argues that higher levels of moral reasoning reflect more adequate ways of resolving moral deception of conflict and are thus associated with moral action.

Moral reasoning is essential for schools to apply in order to achieve becoming educated citizens so as to engage in service to society by applying kindness. The implementation of the term moral is closely related to daily habits. To give an understanding of moral reasoning or moral learning to others requires continuous practice and practice so that it can become a habit. Morality that becomes a good character begins with experience or knowledge of goodness, then the desire to practice by doing good and finally doing good. Therefore, learning morality in

students needs practice and direction to be able to assess the good and bad of an action.

According to (Afriani, 2021), To achieve the desired goals effectively and efficiently in learning, a learning approach is needed, one of which is the Moral Reasoning method. This method trains students to get critical thinking weighing between the right and the vanity in accordance with the values of the Qur'an, solve life problems based on faith, and involve spiritual and human elements (humanity) in behaving and making decisions, so that students will find a strong religious in themselves.

Online Counseling

Research increasingly shows that the prevalence and severity of problems are reported by students, Based on the article of (Sangiba et al., 2022). Analysis of systems that run on conventional processes to conduct counseling. The process for counseling cannot be done anytime and anywhere. To solve these problems, a system is made that can help in counseling anywhere and anytime without having to go to a counseling place. The proposed System Design is a user process for counseling through a created application. In this system, users will be given questionnaire questions. After answering the questionnaire, the system will provide an assessment in the form of a score that measures the user's health stress level. Then users can conduct counseling with the counselor by contacting the counselor from the contact provided on the application.

Education always prioritizes or utilizes technological sophistication, especially for counseling guidance activities in schools. In the past, counseling was defined as face-to-face interaction between a counselor and clients directly. With the development of technology, this counseling activity can be done via the internet without having to meet face-to-face, so that counseling activities are no longer bound by place and time to be able to see the problems experienced by students.

According to (Wong et al., 2018) in their article although traditional face-to-face counseling is the preferred method by most professionals, most of those who can benefit from counseling services are not actually looking for it. The study looked at students' preference for face-to-face vs. online counselling and found that most students in Malaysia prefer to receive mental health counselling online. Given the lack of overall utilization of counseling services, there is an opinion that the delivery of counseling services online should be considered as an alternative way to reach many people who still do not receive counseling services.

(Fadhilah et al., 2021) The presence of cyber counseling implemented in schools is an alternative to providing counseling services for counselors. Counselors are expected to be able to develop counseling models and develop skills possessed, especially in the IT field. This is important so that counselors are able to provide the best service for students at school. In this article, we will discuss the process of implementing cyber counseling services implemented in schools.

According to (Sangiba et al., 2022), Dimas Sasongko, Purwono Hendradi, Akhmad Liana Amrul Haq, 2022. Cyber Counseling Application as an Android-Based Online Counseling Service Solution, which aims to realize a system to support the online counseling process in the form of an Android smartphone mobile application. This application development model in the process of needs analysis and system design is the Rapid Application Development method.

The purpose of this study is to understand how students perceive and understand the concept of moral reasoning and explore students' understanding of moral and ethical values in the context of online counseling. The benefits of this research are to encourage innovation in the field of moral education, especially by utilizing technology to achieve these goals.

METHOD RESEARCH

Researchers searched for articles on the topic of perceptions and preferences regarding moral reasoning through online counseling in Indonesia using international databases, namely PubMed and CINAHL plus and national databases, namely SINTA. The three databases were chosen because of the ease of access to get complete articles, so that articles can be analyzed in depth and detail. To browse related articles, we use bilingual keywords, namely English and Indonesian. These keywords include: moral reasoning, cyber counselling and Indonesia. The use of English keywords aims to get articles that may be written by international and Indonesian researchers published in international journals or English-language journals. The use of Indonesian keywords is because many Indonesian studies have not been disseminated through international publications in English.

Researchers determine three main criteria in article selection. The first criterion is that the article was published within the last 5 years (2018-2022). In that time frame, it is expected that the content of the article is still relevant, and the reported empirical data shows an increase in online counseling in the world. The second criterion is the research design using a qualitative approach, and the research participants are international students who discuss online counseling. The third criterion is that researchers do not include articles that do not explore experiences while studying in Indonesia in this systematic analysis process.

Based on the results of article search, 80 articles were found from three databases as follows: PubMed (6 articles), CINAHL (71 articles), and SINTA (3 articles). Furthermore, the articles are stored in the reference management program, namely Endnote to check for duplication of article data. The results of this examination showed one duplicate article and eventually left to 79 articles. After reading the title and abstract, 72 articles were eliminated because the title was not in accordance with the purpose of the study, and one abstract was irrelevant in content. So, six articles (five articles in the Indonesian context and one article in the Malaysian context) were analyzed. Of the six articles, there were five purely qualitative studies and one study using a mixed method approach, but the researchers only analyzed the results of qualitative studies. Participants in the study came from Indonesia (five articles), and one article from Vietnam. Data collection in these studies was carried out by interview and observation methods. This process can be seen in Diagram 1.

Analysis of articles is carried out in three stages. The first stage is reading the full article and understanding the content of all articles. The second stage is to extract the reading results and summarize them in the form of a table. Table 1 presents information about the title and author, research objectives, place of research, type of research, research sample, data collection methods and summary of research results. In the third stage, researchers analyze the similarities and differences in each article content, and conclude the findings in the form of categories. The results of the analysis identified four aspects of adaptation experienced by students in Indonesia. Complete findings are written in the findings and discussion section.

RESULTS AND DISCUSSION
Results

There are six articles that the author found about online counseling, including the article (Sangiba et al., 2022). With the title Cyber Counseling Application as an Android-Based Online Counseling Service Solution. In his research, he revealed that the results of testing using the blackbox testing method showed that the features in the Cyber Counseling Application had run well and were acceptable. From the results of the implementation by entering the application into the Play Store can provide convenience to users who will install and utilize the Cyber Counseling Application using smartphones or other mobile-based gadgets. This can help students who can have difficulty capturing information related to problems that befall them so that they have difficulty in retrieval or good moral reasoning.

Researchers observed students' perceptions and preferences relative and the likelihood of being able to utilize online counseling services compared to face-to-face counseling services among learners. Now increasingly considered a cost-effective and highly accessible way to examine the potential of online delivery as a way to improve overall service usage, researchers have come to an idea of students' attitudes toward and likelihood of using online and/or face-to-face counseling. A survey of 409 students from six universities in Malaysia participated. About 35% of participants reported that they would most likely utilize online counseling services but were less likely to participate in face-to-face counseling. Based on these results it is suggested to offer online counseling, in addition to face-to-face services, can be an effective way for many school counseling centers to improve the utilization of their services and thus better serve learners.

As applied by the article (Fadhilah et al., 2021). With the title Cyber Counseling as a Method of Improving Guidance and Counseling Services in Schools. With the results of the study, it is known that cyber counseling services are considered effective because they can make it easier for counselors and students to conduct counseling that is not limited by distance and time. Some of the ways used to conduct online counseling, including: via email, facebook, asynchronous chat, rilv applications, video conferences, mobile phones, and websites. Guidance counseling teachers and counselors are expected to continue to improve their ability to use information and communication technology.

Online guidance makes it easy for every user who needs it in expressing problems in their lives. In addition, online counseling has great potential in offering therapy and can be done anywhere. Therefore, clients can minimize transportation costs for face-to-face counseling. Although the results of previous research analysis show that online counseling has weaknesses, namely the lack of knowledge and special abilities possessed by counselors in communicating via chat and lack of skills in writing texts so that there are no misunderstandings with online counseling users.

Discussion

In Indonesia itself, the presence of online counseling is still relatively and not so well known. In some countries, web-chat-based online counselling is increasingly being used to provide support and treatment to people experiencing problems with mental health, gambling, addiction, and a variety of other issues. Several studies examining client interests and the use of online counseling show that the general public (including students) are interested and want to try online counseling but most people lack awareness or understanding of how online counseling works. So that students'

perceptions and preferences using online counseling are still affordable, it can be said for previous researchers' findings that not all schools have online counseling programs.

The term "online counseling" in this case study is defined as a service performed by a mental health professional through various internet-assisted Modalities including email, chat (e.g. instant messaging or chat rooms), and video conferencing. The term "text-based counseling" would be used specifically to discuss online counseling that takes place in an email or chat modality.

In this study, discussing the moral reasoning method is a method designed so that taxonomic intellectual exchanges occur in finding solutions to a problem, or it can be said that the moral reasoning model is how to develop discovery processing skills, so that students are able to freely and creatively analyze facts and concepts and relate to the necessary attitudes and values. In the learning process students are not only required to know and memorize what they learn, but they also have to understand and be able to practice their daily lives which are the results of what they learn.

Researchers will recommend to improve student morale well is a moral reasoning learning model, because this model requires students to find and solve problems and is associated in taking attitudes in everyday life, With that ability it is expected that students are able to improve their learning results and be able to think broadly and critically in taking attitudes in everyday life. Researchers consider that this moral reasoning must be applied in everyday life that becomes accustomed to doing good things. Because it is needed to become a habit, the researchers suggest that each school has an aspect or method of online counseling-based applications to make it easier for students to still be able to interact in determining good decision making, after this application is running researchers suggest using counseling with individual guidance techniques.

CONCLUSION

Online counseling is important for students experiencing problems outside of school and to make good decisions will reinforce moral reasoning methods, but before choosing to offer services online, it is important for school counseling centers to consider possible delivery methods, understand which students are most likely to use such support, and identify potential barriers to implementing online services.

Finally, information can also be obtained from counselors in their field and clients who use online counseling. Online moral reasoning is still in the development stage of trial and error and many questions remain. However, some promising research shows great moral reasoning and shows that online counseling is finding its place in the field of moral reasoning.

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